

# MH-Related Diseases



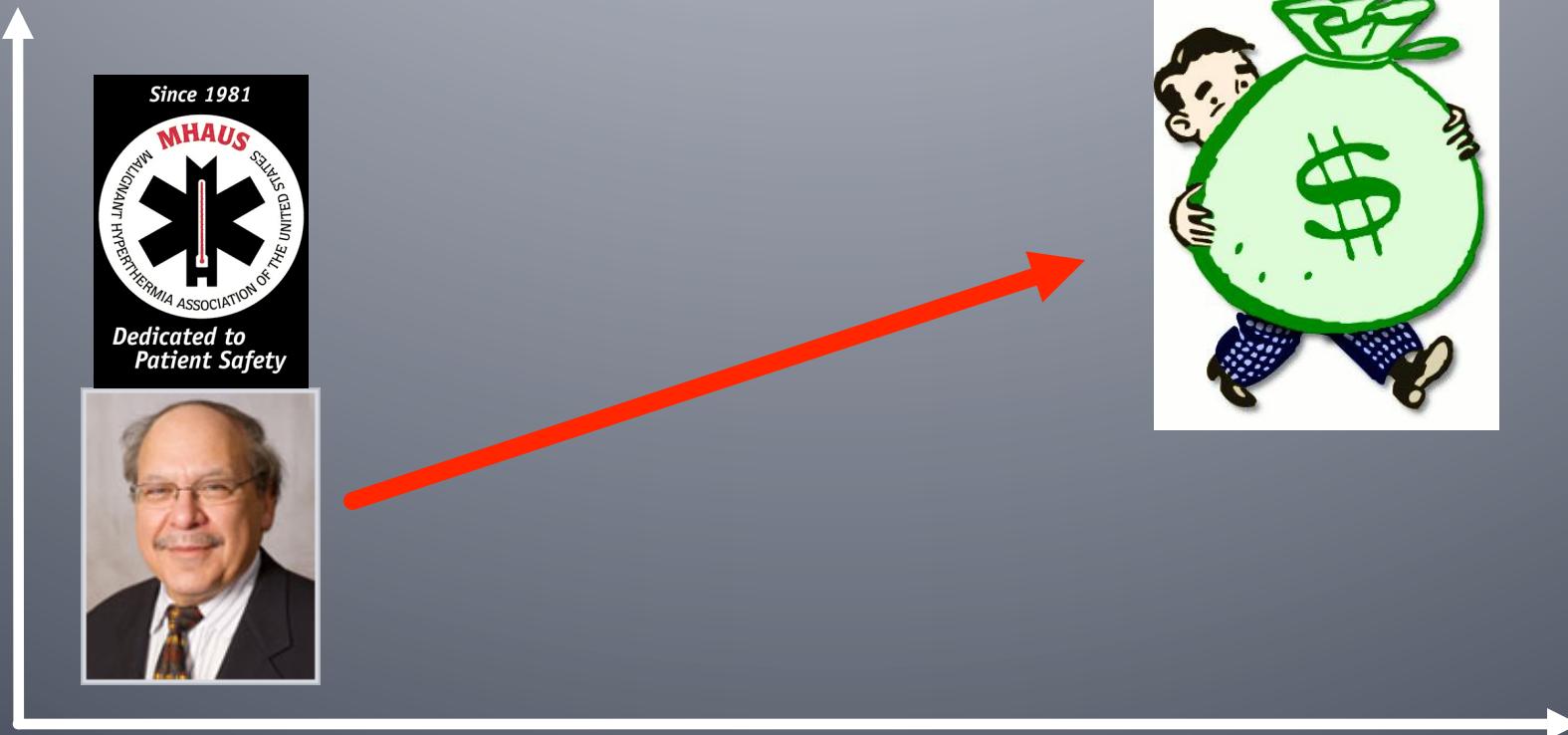
*Who Really Needs a  
Non-triggering Technique?*

*Ron Litman*

[litmanr@email.chop.edu](mailto:litmanr@email.chop.edu)



# Disclosures.....



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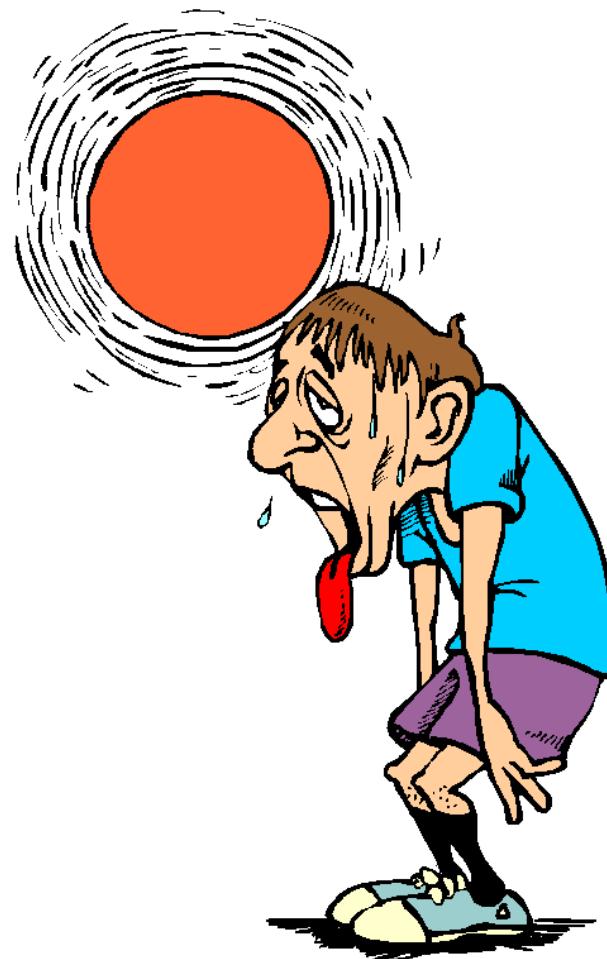


# Lecture Overview

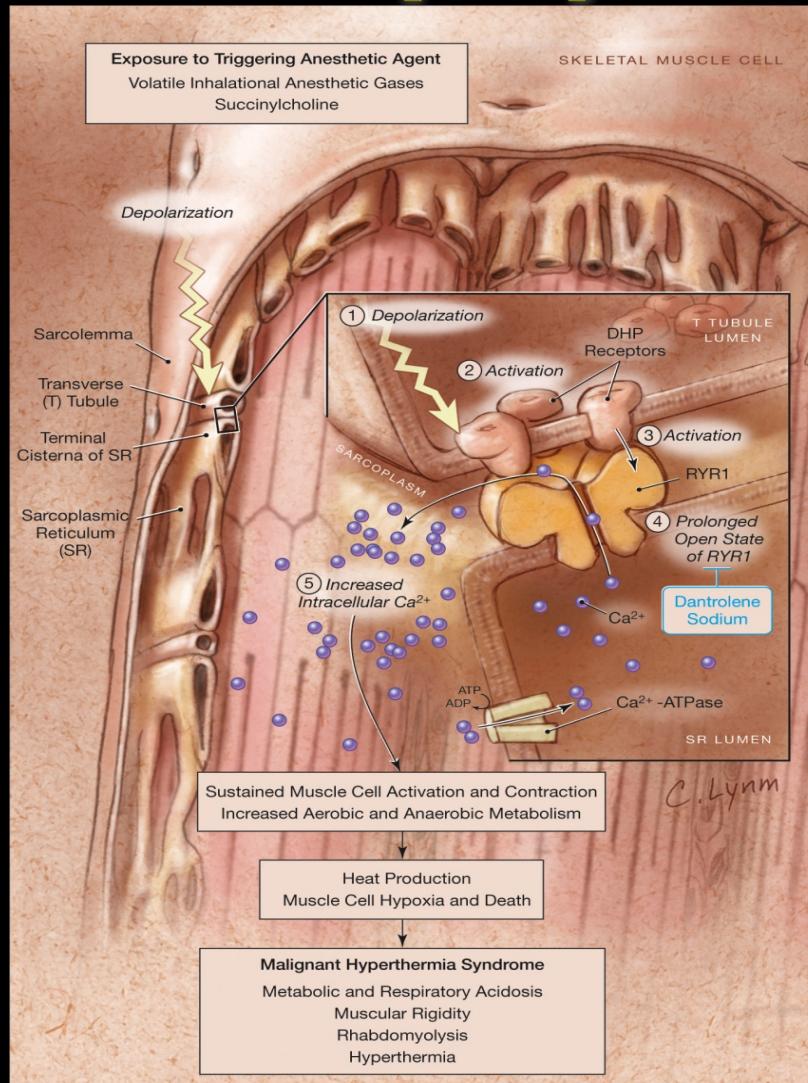
- ✓ **SHORT MH REVIEW**
- ✓ **WHO REALLY NEEDS A NON-TRIGGERING TECHNIQUE?**
- ✓ **DIAGNOSTIC TESTING**



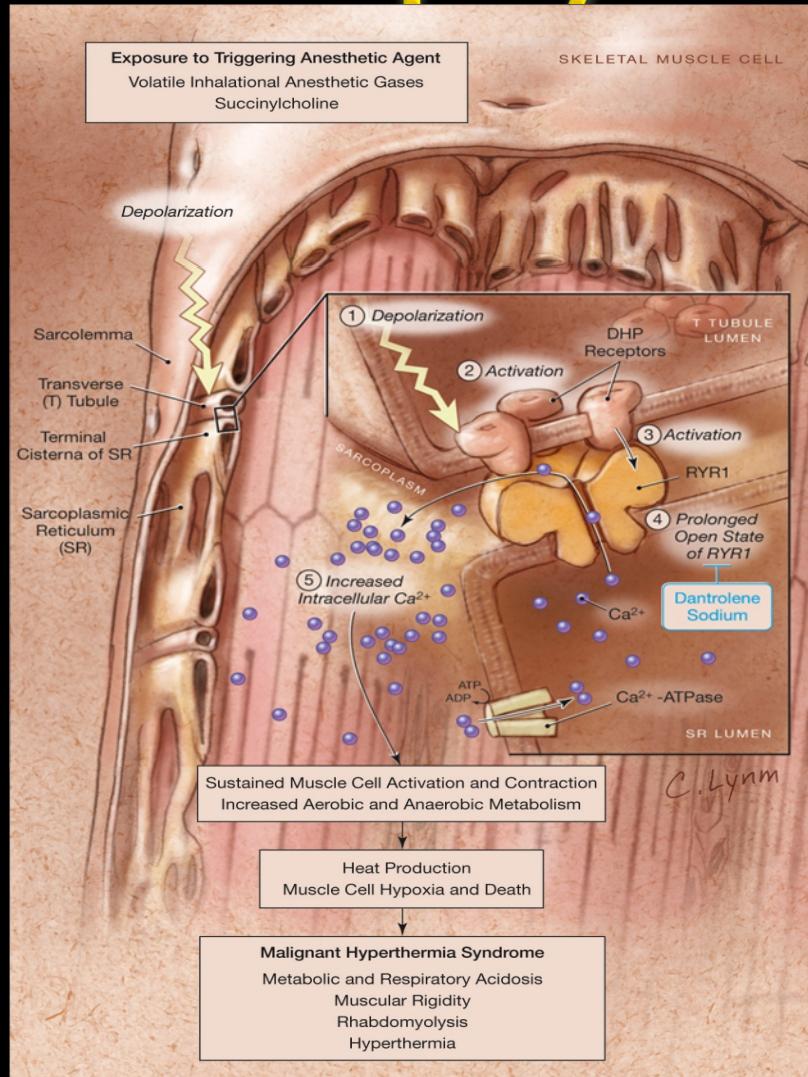
# Important MH Principles



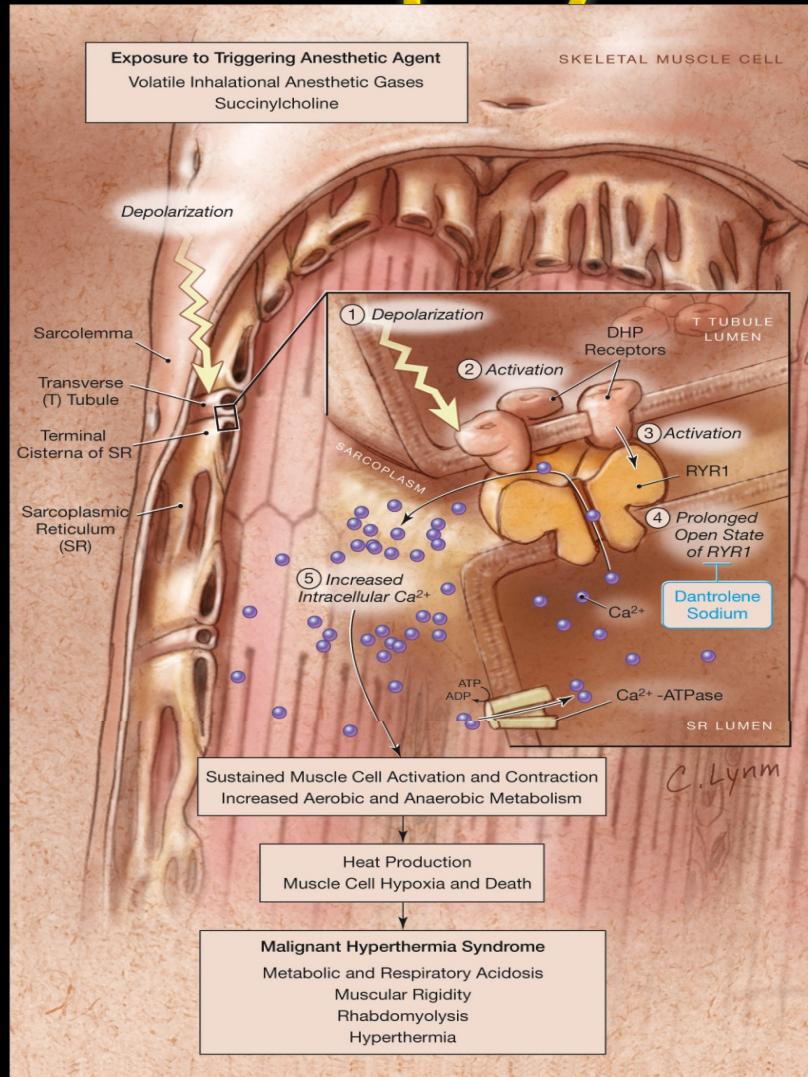
# MH Pathophysiology



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# MH Mortality in ASC



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**People**

## Cheerleader's death highlights rare surgical risk

High school senior dies after undergoing cosmetic breast surgery

By **Mike Celizic**  
TODAYShow.com contributor  
updated 10:19 a.m. ET, Wed., March. 26, 2008

Stephanie Kuleba's friends called her "Sunshine" because that was the perfect nickname for the outgoing and bubbly girl who was everybody's friend, the cheerleader with the near-perfect grade-point average who was too nice and too perfect for anybody to resent.

"She was just the kind of girl that everyone loved," a friend, Dayna Mercer, told NBC News. "There was nothing bad about her."

But the 18-year-old high school senior, who was headed to college and then medical school, felt

**Video**



Launch

Nearly all MH cases occur in normal people!



# MH-Associated Diseases

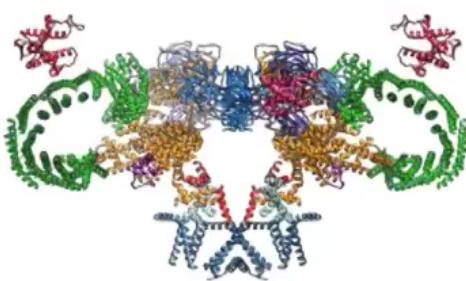
## 3 categories

1. Definitely linked to MHS
2. Rhabdomyolysis but not MH
3. Unproven and unconvincing

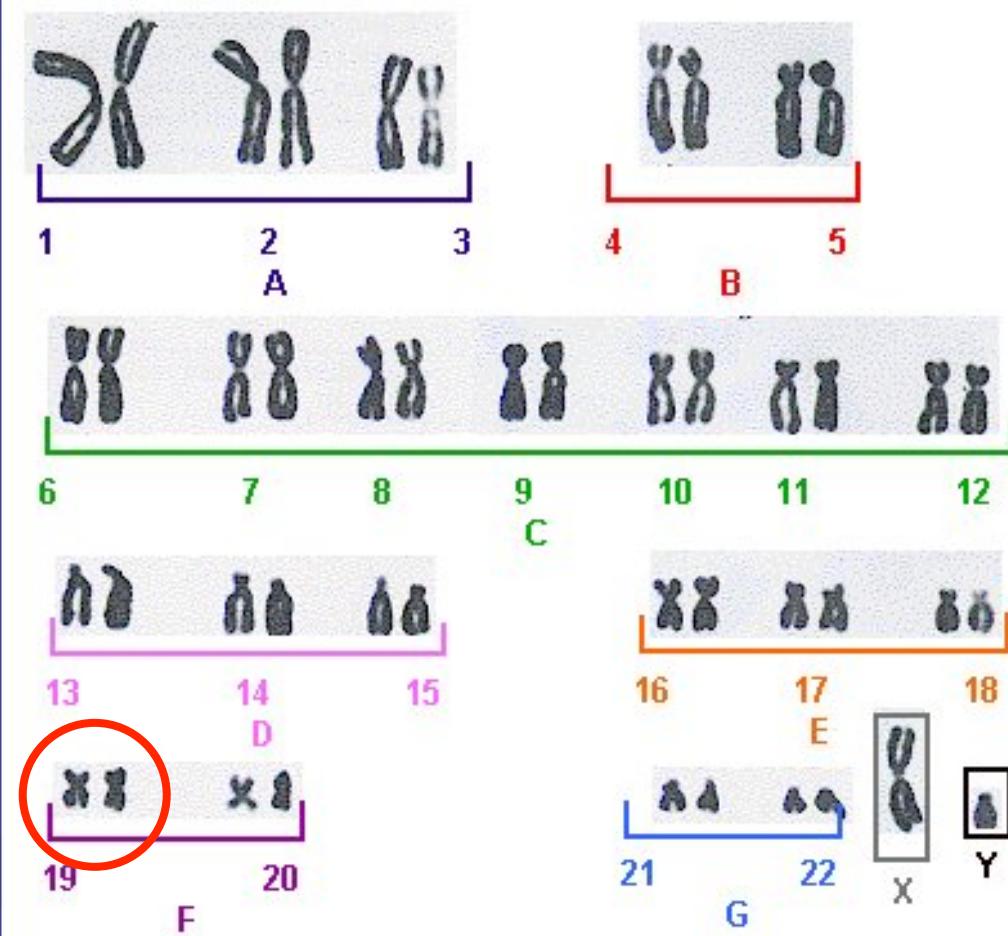


# Genetic Basis of MH

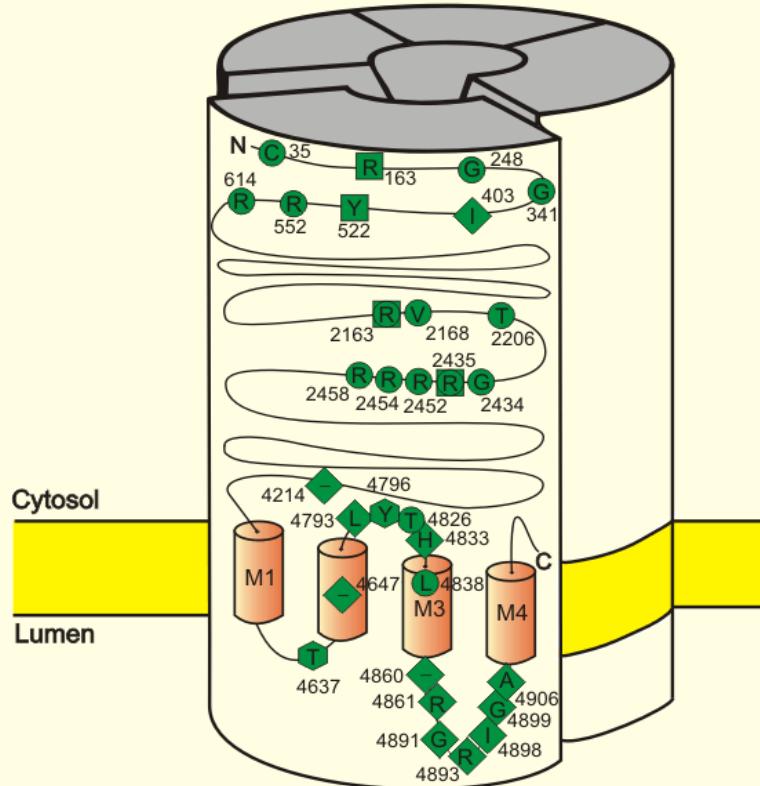
*RYR 1*



3D ryanodine from Max Planck Society

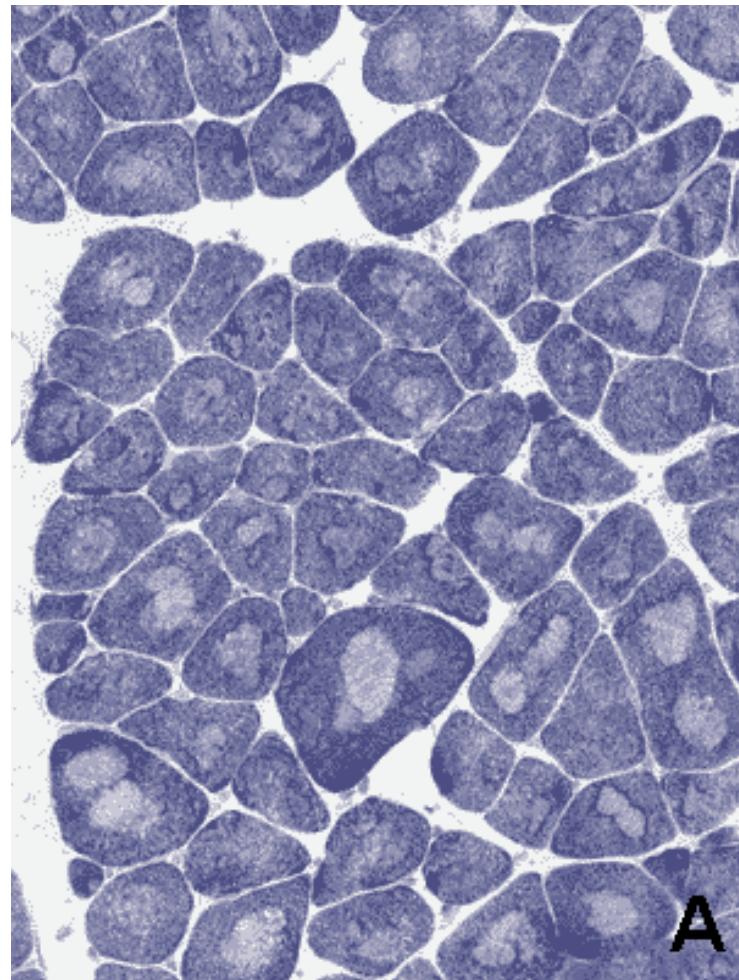
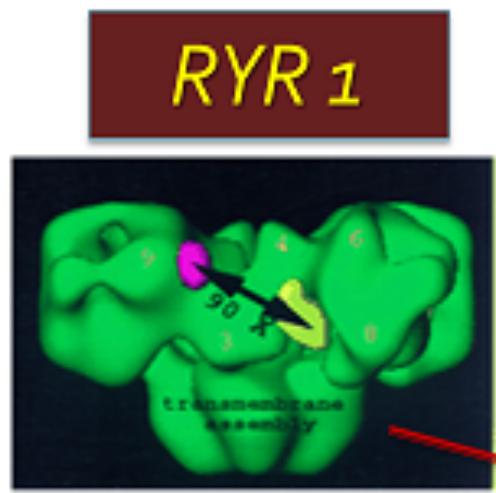


# Ryanodine Receptor

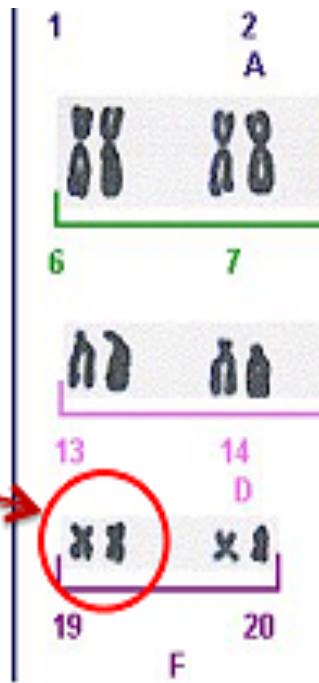
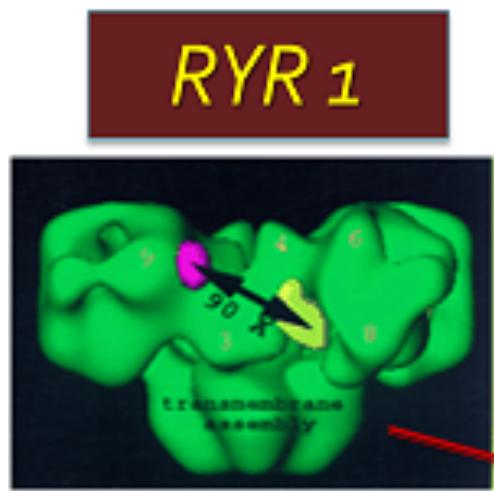


— deletion

# Central Core Myopathy



# King-Denborough Syndrome



# Obscure *RYR1* Myopathies

- MmD with external ophthalmoplegia
- Multiminicore myopathy
- Congenital myopathy w cores/rods
- Central nuclear myopathy
- NMD w uniform type 1 fibers
- Congenital fiber type disproportion



# Native American Myopathy

## STAC3

© 2008 Wiley-Liss, Inc.

American Journal of Medical Genetics Part A 146A:1832–1841 (2008)

### *Clinical Report*

### **Native American Myopathy:**

Congenital Myopathy With Cleft Palate, Skeletal Anomalies, and Susceptibility to Malignant Hyperthermia

**Demetra S. Stamm,<sup>1,2</sup> Arthur S. Aylsworth,<sup>3,4</sup> Jeffrey M. Stajich,<sup>2</sup> Stephen G. Kahler,<sup>5</sup> Leigh B. Thorne,<sup>6</sup> Marcy C. Speer,<sup>2†</sup> and Cynthia M. Powell<sup>3,4\*</sup>**

<sup>1</sup>Curriculum in Genetics and Molecular Biology, University of North Carolina, Chapel Hill, North Carolina

<sup>2</sup>Center for Human Genetics, Duke University, Durham, North Carolina

<sup>3</sup>Department of Pediatrics, Division of Genetics and Metabolism, University of North Carolina at Chapel Hill, Chapel Hill, North Carolina

<sup>4</sup>Department of Genetics, University of North Carolina at Chapel Hill, Chapel Hill, North Carolina

<sup>5</sup>Department of Pediatrics, Section of Genetics, University of Arkansas for Medical Sciences, Little Rock, Arkansas

<sup>6</sup>Department of Pathology and Laboratory Medicine, University of North Carolina at Chapel Hill, Chapel Hill, North Carolina

Received 24 July 2007; Accepted 7 April 2008



# Hypokalemic Periodic Paralysis

## CACNL1A3

*Am. J. Hum. Genet.* 60:1316–1325, 1997

### Malignant-Hyperthermia Susceptibility Is Associated with a Mutation of the $\alpha 1$ -Subunit of the Human Dihydropyridine-Sensitive L-Type Voltage-Dependent Calcium-Channel Receptor in Skeletal Muscle

Nicole Monnier,<sup>1</sup> Vincent Procaccio,<sup>1,3</sup> Paul Stieglitz,<sup>2</sup> and Joël Lunardi<sup>1,3</sup>

<sup>1</sup>Laboratoire de Biochimie de l'ADN and <sup>2</sup>Département d'Anesthésie, CHU Grenoble, and <sup>3</sup>Laboratoire BECP, EA 2019 UJF, DBMS-CEA Grenoble, Grenoble



# MH-Associated Diseases

## 3 categories

1. Definitely linked to MHS
2. Rhabdomyolysis but not MH
3. Unproven and unconvincing



# Rhabdomyolysis

- Muscular dystrophies
- McArdle's disease
- CPT-2 deficiency
- Myoadenylate deaminase deficiency

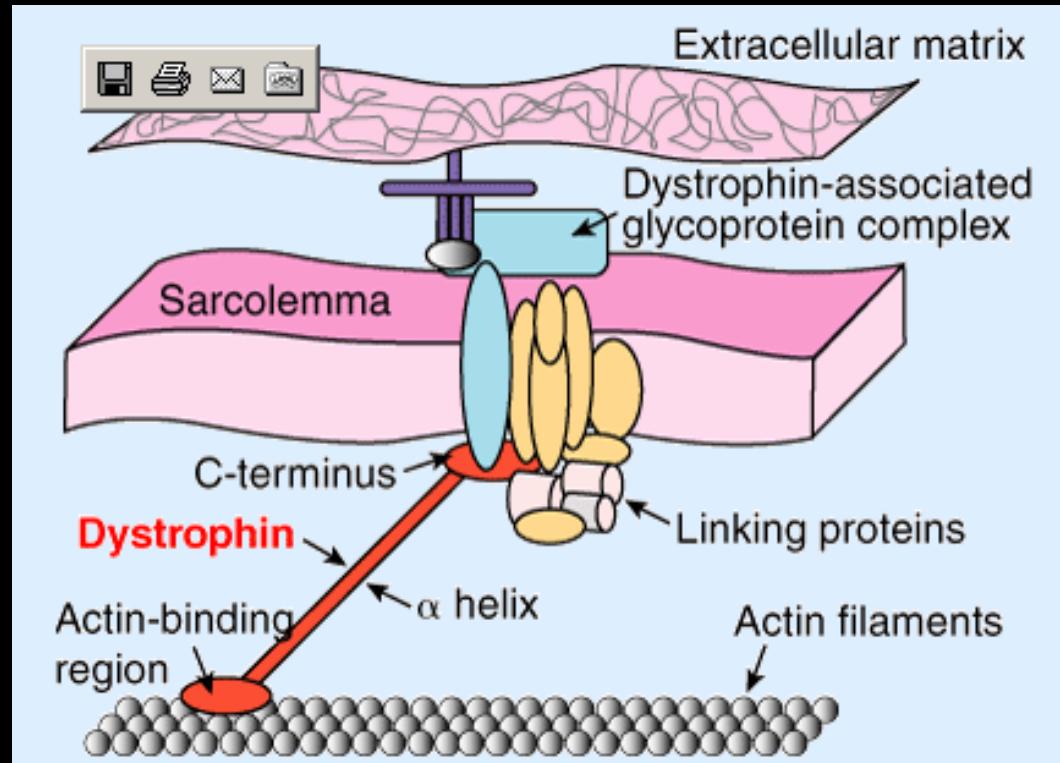


# Muscular Dystrophies

- Duchenne type – X-linked
- Becker type – X-linked
- Limb-girdle
- Emery-Dreifuss
- Facioscapulohumeral
- Oculopharyngeal
- Congenital
- Myotonic



# Duchenne Muscular Dystrophy



# Duchenne Muscular Dystrophy

## Recommendations:

- Succinylcholine absolutely contraindicated
- Volatile agents relatively contraindicated
- Pre-op screening



# Duchenne Muscular Dystrophy

EndDuchenne.org

Parent Project  
Muscular Dystrophy  
LEADING THE FIGHT TO END DUCHENNE

UNDERSTAND  
DUCHENNE

CARE  
FOR DUCHENNE

ADVANCE  
RESEARCH

ADVOCATE

CONNECT

FUNDRAISE

DONATE NOW

[Home](#) / [Care for Duchenne](#) / [Surgery and Anesthesia](#)

 Print  Email 

## Care for Him

- Care Guidelines
- Explore by Area
- Explore by Stage
- Surgery & Anesthesia
- Emergency Care
- Resource Materials
- For Professionals

## Surgery and Anesthesia

Surgery &  
Anesthesia



## CONNECT

[SIGN UP](#)



## HOW WE HELP



# Heat Stroke and MH

- 12 year old child has acute MH in OR
- CHCT shows MH susceptibility
- 8 mos later: dies after football practice: T 108 F
- RYR-1 mutation detected in pt and relatives



Tobin et al. JAMA, 286, 2001

# MH Susceptibility and Statin Myopathy

European Heart Journal Advance Access published February 18, 2015



European Heart Journal  
doi:10.1093/eurheartj/ehv043

REVIEW

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*Clinical update*

## **Statin-associated muscle symptoms: impact on statin therapy—European Atherosclerosis Society Consensus Panel Statement on Assessment, Aetiology and Management**

Erik S. Stroes<sup>1\*</sup>, Paul D. Thompson<sup>2</sup>, Alberto Corsini<sup>3</sup>, Georgirene D. Vladutiu<sup>4</sup>, Frederick J. Raal<sup>5</sup>, Kausik K. Ray<sup>6</sup>, Michael Roden<sup>7</sup>, Evan Stein<sup>8</sup>, Lale Tokgözoglu<sup>9</sup>, Børge G. Nordestgaard<sup>10</sup>, Eric Bruckert<sup>11</sup>, Guy De Backer<sup>12</sup>, Ronald M. Krauss<sup>13</sup>, Ulrich Laufs<sup>14</sup>, Raul D. Santos<sup>15</sup>, Robert A. Hegele<sup>16</sup>, G. Kees Hovingh<sup>17</sup>, Lawrence A. Leiter<sup>18</sup>, Francois Mach<sup>19</sup>, Winfried März<sup>20</sup>, Connie B. Newman<sup>21</sup>, Olov Wiklund<sup>22</sup>, Terry A. Jacobson<sup>23</sup>, Alberico L. Catapano<sup>3</sup>, M. John Chapman<sup>24</sup>, and Henry N. Ginsberg<sup>25</sup>, European Atherosclerosis Society Consensus Panel<sup>†</sup>



# MH Susceptibility and Statin Myopathy

## Box 1 Risk factors for statin-associated muscle symptoms. Adapted from Mancini et al.<sup>9</sup>

Anthropometric	<ul style="list-style-type: none"><li>• Age &gt;80 years old (general caution advised for age &gt;75)</li><li>• Female</li><li>• Low body mass index</li><li>• Asian descent</li></ul>
Concurrent conditions	<ul style="list-style-type: none"><li>• Acute infection</li><li>• Hypothyroidism (untreated or undertreated)</li><li>• Impaired renal (chronic kidney disease classification 3, 4, and 5) or hepatic function</li><li>• Biliary tree obstruction</li><li>• Organ transplant recipients</li><li>• Severe trauma</li><li>• Human immunodeficiency virus</li><li>• Diabetes mellitus</li><li>• Vitamin D deficiency</li></ul>
Surgery	<ul style="list-style-type: none"><li>• Surgery with high metabolic demands. The American Heart Association recommends temporary cessation of statins prior to major surgery<sup>120</sup></li></ul>
Related history	<ul style="list-style-type: none"><li>• History of creatine kinase elevation, especially &gt;10× the upper limit of the normal range</li><li>• History of pre-existing/unexplained muscle/joint/tendon pain</li><li>• Inflammatory or inherited metabolic, neuromuscular/muscle defects (e.g. McArdle disease, carnitine palmitoyl transferase II deficiency, myoadenylate deaminase deficiency, and malignant hyperthermia)</li><li>• Previous statin-induced myotoxicity</li><li>• History of myopathy while receiving another lipid-lowering therapy</li></ul>



# Awake MH?

**Identical *de novo* Mutation in the Type 1 Ryanodine Receptor Gene Associated with Fatal, Stress-induced Malignant Hyperthermia in Two Unrelated Families**

Linda Groom, B.Sc.,\* Sheila M. Muldoon, M.D.,† Zhen Zhi Tang, Ph.D.,‡  
Barbara W. Brandom, M.D.,§ Munkhuu Bayarsaikhan, Ph.D.,|| Saiid Bina, Ph.D.,#  
Hee-Suk Lee, M.D.,\*\* Xing Qiu, Ph.D.,†† Nyamkhishig Sambuughin, Ph.D.,‡‡  
Robert T. Dirksen, Ph.D. §§

**Anesthesiology 2011; 115:938**

**7 reported cases**



# MH-Associated Diseases

## 3 categories

1. Definitely linked to MHS
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# Noonan's Syndrome



# Osteogenesis Imperfecta



# Arthrogryposis



# Mitochondrial Myopathies

- Kearns-Sayre syndrome (KSS)
- Leigh's syndrome
- Mitochondrial DNA depletion syndrome (MDS)
- Mitochondrial encephalomyopathy, lactic acidosis and stroke-like episodes (MELAS)
- Myoclonus epilepsy with ragged red fibers (MERRF)
- Mitochondrial neurogastrointestinal encephalomyopathy (MNGIE)
- Neuropathy, ataxia and retinitis pigmentosa (NARP)
- Pearson syndrome
- Progressive external ophthalmoplegia (PEO)



# Mitochondrial Myopathies

No association with MH  
Susceptibility



# Summary

## Definitely associated with MH

- Central
- Multi
- King
- Any R
- Native American Myopathy
- Hypokalemic Periodic Paralysis

**RYR1**



# Summary

## Definitely associated with MH

- Central core disease
- Multicore disease
- King-George syndrome
- Any form of malignant hyperthermia
- Native American Myopathy
- Hypokalemic Periodic Paralysis

**STAC3**



# Summary

## Definitely associated with MH

- Central Core myopathy
- Malignant Hyperthermia
- Ketotic hypoglycemia
- Arrhythmias
- Native American Myopathy
- Hypokalemic Periodic Paralysis

**CACNL1A3**



# MH Susceptibility in Some Patients

## Heat Stroke rhabdomyolysis



## Exercise-induced rhabdomyolysis



# Diseases Not associated with MH Susceptibility

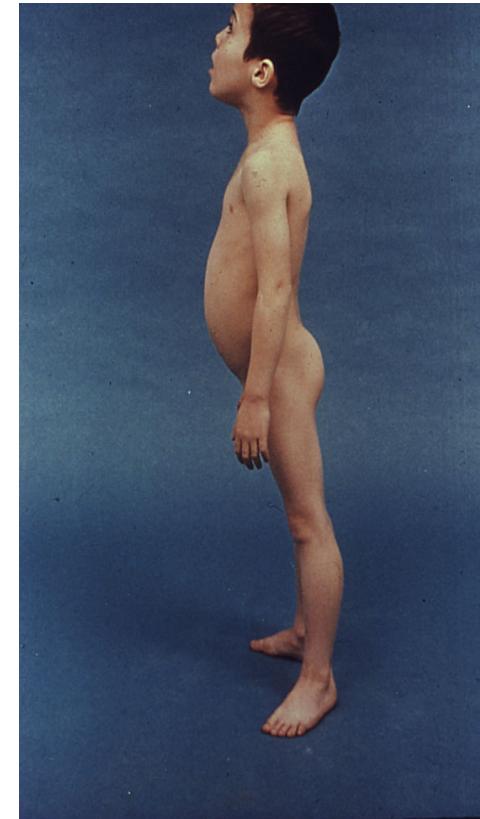
**Arthrogryposis**



**O.I.**



**Noonan's**



**Duchenne's**



# Volatile Agent-induced Rhabdomyolysis

- Dystrophinopathies
- McArdle's disease
- Myoadenylate deaminase deficiency
- CPT-2 deficiency
- Exaggerated rhabdo after heat, exercise, or statins





To protect private  
Patient Information

Only (1) family allowed at  
the desk at a time

Last name appears on monitor  
when prescription is ready

Thank You.



Malignant Hyperthermia Association  
of the United States

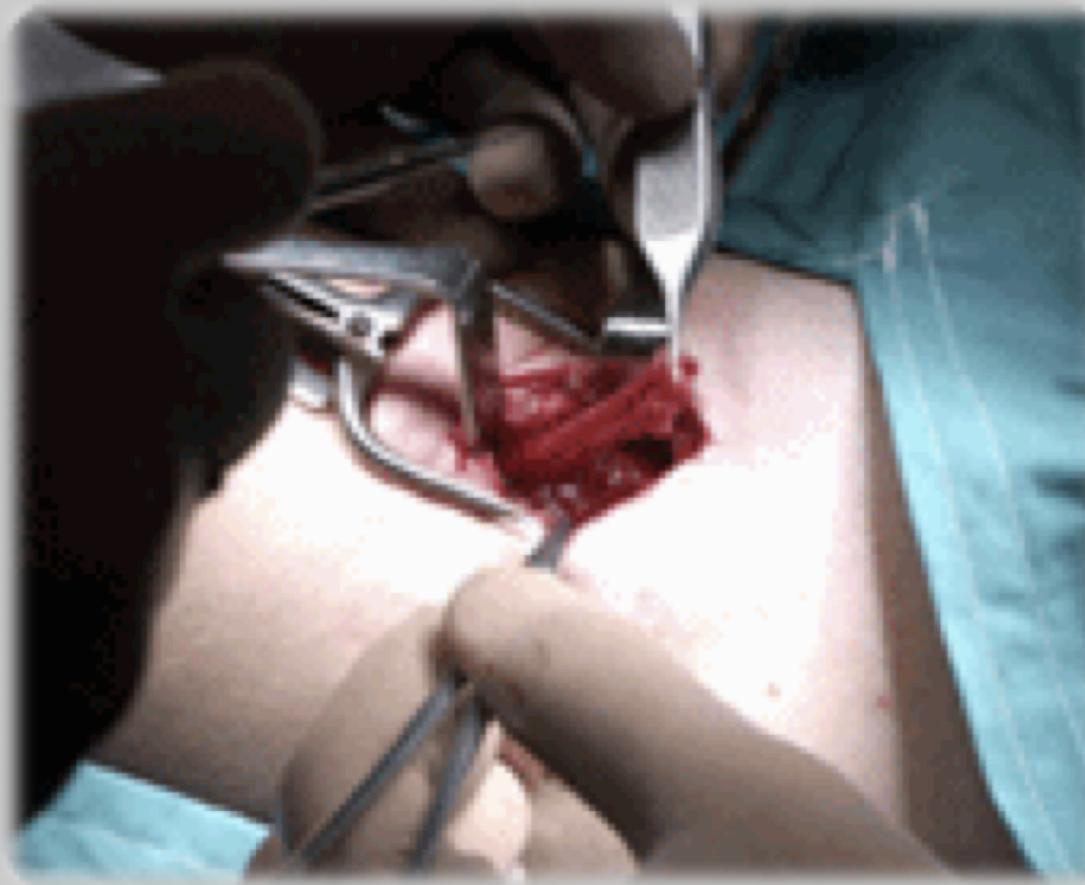
# MHAUS GUIDELINES

## Testing for Malignant Hyperthermia (MH) Susceptibility:



How do I counsel  
my patients?

# Muscle Contracture Testing (CHCT)



# CHCT Testing, U.S. and Canada

*University of Minnesota*  
*Minneapolis, MN*  
*Paul A. Iaizzo, PhD*  
*(612) 624-7912 or -3959*

*Uniformed Services University*  
*of the Health Sciences*  
*Bethesda, MD*  
*(Military & Civilian)*  
*Sheila M. Muldoon, MD*

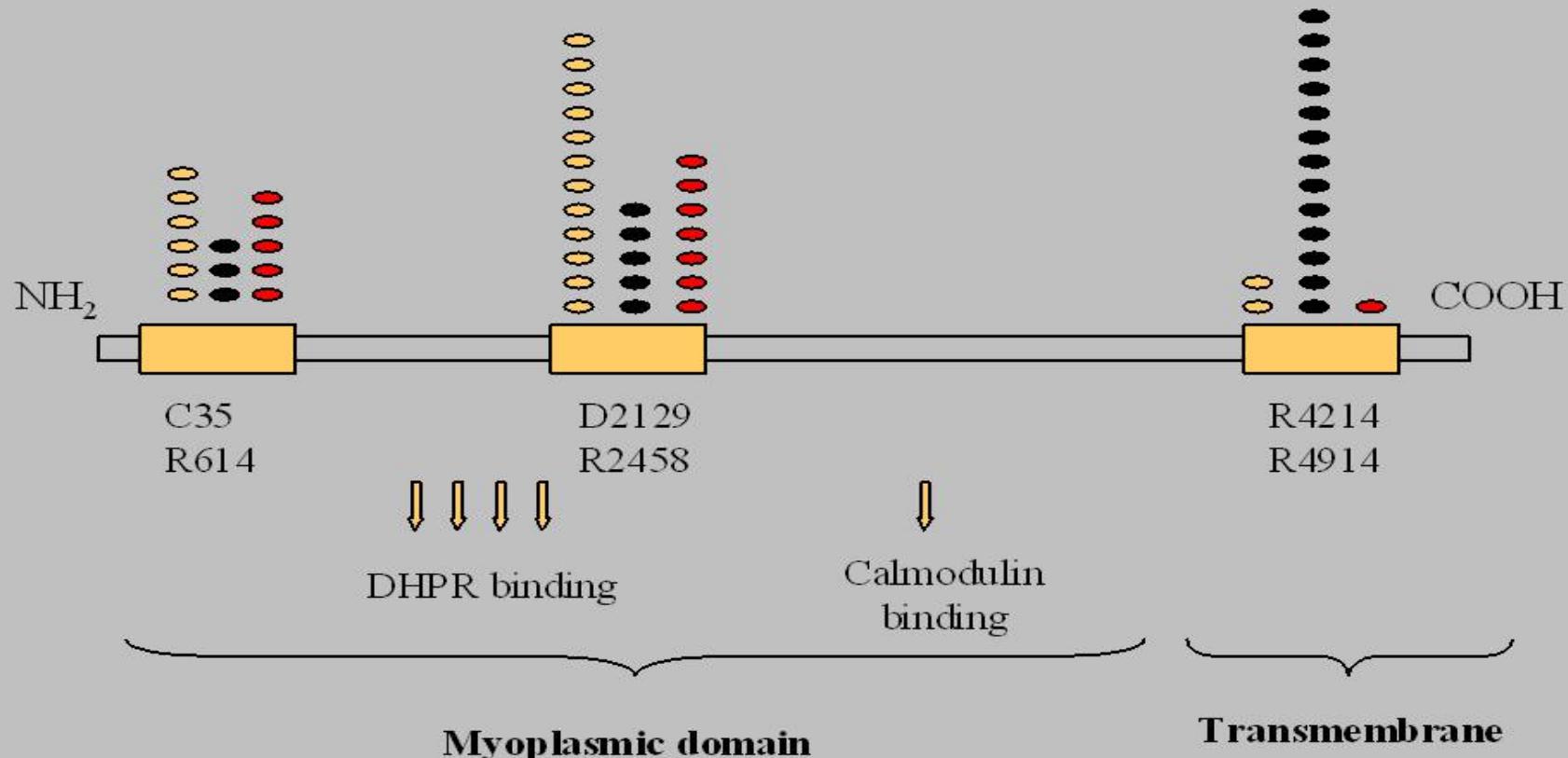
*University of California*  
*Davis, CA*  
*Timothy Tautz, MD*

*Wake Forest University*  
*Winston-Salem, NC*  
*Joseph R. Tobin, MD*

*Toronto General Hospital*  
*Toronto, Ontario*  
*Julian Loke, MD, FRCPC*

# Genetic Testing: RYR1 Gene Sequencing

## RYR1: gene structure and mutational spots



## MALIGNANT HYPERHERMIA SUSCEPTIBILITY NEXTGEN SEQUENCING (NGS) PANEL

Clinical Features and Genetics

Methods and Pricing

How to Order

Additional Information

### TEST METHODS

- ▶ [NEXTGEN SEQUENCING](#)
- ▶ [DELETION/DUPLICATION TESTING VIA ARRAY COMPARATIVE GENOMIC HYBRIDIZATION](#)

### NEXTGEN SEQUENCING

Test Number	Test	Price	CPT Code(s)
1383	NextGen Sequencing (3 genes)	\$1,590	81479 (x2), 81408

In addition, Targeted Familial Mutation testing via Sanger sequencing is available for any gene in the panel:

Test Number	Test	Price	CPT Code
100	Targeted Familial Mutations - Single Exon Sequencing	\$250	81479
200	Targeted Familial Mutations - Double Exon Sequencing	\$370	81479
300	Targeted Familial Mutations - Triple Exon Sequencing	\$440	81479

[www.MHAUS.ORG](http://www.MHAUS.ORG)



**BASICS OF PEDIATRIC ANESTHESIA**



# MH-Related Diseases

## *Who Really Needs a Non-triggering Technique?*



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